



— LfiSV —  
LYCÉE FRANÇAIS  
INTERNATIONAL  
SIMONE VEIL



aefe  
Agence pour  
l'enseignement français  
à l'étranger

## AFTER-SCHOOL ACTIVITIES



Catalogue 2025-2026





NEW

## ACRO'CIRQUE

Le cirque comme terrain de confiance, d'équilibre et de joie !



Acro'Cirque

Aliaksei Liubezny – Former Cirque du Soleil Artist – Passionate and Experienced Coach

With over 20 years of experience in circus arts and acrobatics, Aliaksei Liubezny has performed on some of the world's most prestigious stages, including Cirque du Soleil and the Monte Carlo International Circus Festival. A specialist in floor acrobatics, trampoline, and the iconic Russian Bar, he has since dedicated his expertise to teaching and mentoring the next generation.

Do your children dream of pushing their limits and performing daring moves while having fun? This brand-new workshop is made for them!

Inspired by the world of circus, this course helps children develop flexibility, coordination, balance, and strength in a joyful, caring, and supportive environment. Unlike competitive sports, this workshop focuses on collaboration, self-confidence, and teamwork. Circus also promotes resilience: you fall, you get up, you try again – and you succeed! Through tailored challenges, children gain focus, perseverance, and self-esteem. It's a fantastic way to relieve stress, channel energy, and enhance full-body coordination. They learn to trust themselves, support others, and create collaborative choreographies together.

In a safe and structured setting, your child will learn: basic acrobatic skills (rolls, bridges, balances, duo lifts), coordination and creative movement games and partner work that builds trust and team spirit.

This workshop encourages:

- Flexibility and gross motor skills
- Resilience and stress management
- And above all... the joy of movement and pushing limits – without competition!

Sportswear required



15 PLACES

GRADE					DAY					DAY
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	A





## STEAM

### Introduction to programming and creative thinking

Mrs Maria ABI CHEBLI

Maria ABI CHEBLI is a STEAM educator and program designer with several years of experience in French and international schools abroad.

A fun and exciting introduction to the world of coding! This workshop offers a playful and interactive initiation into programming, where children discover the basics of coding using educational tools such as Scratch. They develop their creativity by designing their own digital projects, games, and applications, while strengthening their logic and critical thinking through the exploration of fundamental computer science concepts.

This workshop prepares children for the technological challenges of tomorrow by stimulating their curiosity, independence, and capacity to innovate

**16 PLACES**

GRADE	DAY	PRICE
CP CE1 CE2 CM1 CM2 M T W T F		C



## ÉCHECS

Mr Aljoscha BAßENHOFF

Having initially concentrated on online chess, where he is among the top 10% of players in the world, Mr. Baßenhoff plays chess with great passion in chess clubs and tournaments.

Checkmate: an absolute and final end - the game is over. Players can either learn the basics of the game or choose to improve their existing knowledge. The game of chess is rich in pedagogical values that are particularly useful for pupils in their learning phase. Chess is an exciting workshop, with many advantages in terms of memorization and concentration. These results are to be added to the very positive emotional sports qualities such as the spirit of competition and success, self-esteem, respect for the opponent, acceptance of defeat and the relativity of success:

**14 PLACES**

GRADE	DAY	PRICE
CP CE1 CE2 CM1 CM2 M T W T F		B



## CHESS MASTERCLASS

Mr Aljoscha BAßENHOFF

An advanced session for keen pupils wishing to progress in a rigorous and ambitious manner. Advanced techniques, strategic training and possible participation in external tournaments.

Following the success of the chess workshops offered to beginners and young players, we are delighted to be opening a masterclass specially dedicated to experienced chess players.

Under the guidance of Mr Baßenhoff, a passionate player ranked among the top 10% in the world online and a regular participant in clubs and tournaments, participants will deepen their understanding of the game through the study of complex strategies, advanced openings and high-level tactical exercises..

### Objectives of the masterclass:

- Reinforce technical mastery
- Develop a strategic vision
- Learn to manage time and pressure

Pupils will be given the opportunity to take part in external tournaments (outside the school), enabling them to compete against other enthusiasts and gain confidence and experience of the game in real-life conditions. A unique opportunity for ambitious players looking to take their game to the next level!

**14 PLACES**

GRADE	DAY	PRICE
CP CE1 CE2 CM1 CM2 M T W T F		B



## CHORALE

**Mrs Irina MOOR**

*Irina Moor graduated from the Almaty Academy of Music as an orchestra and violin ensemble professor.*

Singing in a choir means finding your place in a group, it's both an individual and a collective experience that doesn't give way to competition but rather to cooperation and listening to others. It helps pupils to develop their ability to express themselves, their self-esteem and their self-confidence, all in a fun, happy atmosphere.

Through choral singing, pupils work on their voice, breathing and posture. They learn about rhythm, melody, interpretation and musical thinking, and practise memorisation, movement and lyrics. Students will work on songs in French and German. This enables them to improve their syntax, comprehension, vocabulary and diction in all three languages.

**25 PLACES**

GRADE		DAY				PRICE
CP	CE1 CE2 CM1 CM2	M	T	W	T	F
						A



## PIANO

**Mrs Irina MOOR**

*Irina Moor graduated from the Almaty Academy of Music as an orchestra and violin ensemble professor.*

The piano is a good way to express oneself, it helps to reduce stress during busy days, to relax and to free up problems. Moreover, playing the piano gives the child self-confidence and pleasure.

Playing the piano is exciting, but not so easy! It stimulates thinking and creativity, improves hand-eye coordination. It also helps with concentration and discipline.

Pupils will learn musical notes and values, work on their posture and hand position and study different pieces of music, organised by age and skill level.

**6 PLACES**

GRADE		DAY				PRICE
CP	CE1 CE2 CM1 CM2	M	T	W	T	F
						D



## GUITARE

**M Clément CHARDON**

*A secondary school music teacher, Clément Chardon is an experienced multi-instrumentalist and composer, specialising in the guitar, which he has been playing for 20 years.*

The guitar is one of the most accessible musical instruments, making it ideal for beginners. Easy to learn and requiring no prior theoretical knowledge, the guitar combines versatility with ease of use.

Pupils learn the basics of the guitar, such as playing individual notes, finger placement and string strumming. Through the simple songs in the programme, children will be able to develop their skills in rhythm, coordination, dexterity, aural memory and creativity. Throughout the year, they will also explore other instruments such as the bass, drums and synthesiser.

**6 PLACES**

GRADE		DAY				PRICE
CP	CE1 CE2 CM1 CM2	M	T	W	T	F
						D





## PEINTURE & DESSIN

**Mrs Maud DEFLANDRE**

*Educated since 2007 in the field of creative arts, Mrs Deflandre is a textile designer. She leads with great enthusiasm several art workshops for children.*

In this activity, students will learn different drawing techniques, from sketching to painting, drawing and watercolour, telling a story through the different characters they draw while having fun.

They will discover the basics of perspective drawing, composition, proportions, shades of grey, colour, light and much more.

**14 PLACES**

GRADE		DAY					PRICE			
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	
									B	



## PEINTURE & DESSIN

**Mrs Sophia WEISCHE**

*An artist currently completing her studies at the Düsseldorf Academy of the Arts, where she specialised in painting and drawing. She has led numerous workshops for children of different ages, developing solid teaching experience and a real pleasure in sharing her passion.*

As part of this activity, pupils will learn different drawing techniques, from sketching to painting, drawing and watercolor, telling a story through the different characters they draw while having fun.

Throughout the year, they will be introduced to artists and their work to stimulate their imagination - from figurative illustration to abstract painting. They will discover the basics of perspective drawing, composition, proportions, shades of grey, color, light and much more.

**14 PLACES**

GRADE		DAY					PRICE			
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	
									B	



## CRÉATION COUTURE

**Mrs Saloua REJEB**

*Saloua REJEB is a craftswoman and interior designer, graduated from the School of Art and Decoration of Tunis. She has giving workshops at the LfiSV for several years.*

Learning to sew takes a lot of patience, love and enthusiasm. Sewing is an excellent way to develop children's creativity and fine motor skills. They will learn how to put a pattern on fabric, how to cut, how to pin, how to handle a pair of scissors, how to sew by hand in a fun and personal way and experiment with the main basic stitches: running baste stitch, running stitch, back stitch, slip stitch or catch stitch.

They will have fun creating pouches, bags, accessories, comforters and decorative pillows. Once the creation is finished, they can take it home.

**13 PLACES**

GRADE		DAY					PRICE			
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	
									B	



## DE FIL EN AIGUILLE

**Mr Ferdi Tilkicik**

*Ferdi TILKICIK, a designer educated at the Fashion Design Institute in Düsseldorf, completed his studies at EIDM Paris in marketing, painting and fashion history. His approach combines creativity and passion for sharing knowledge, for a unique immersion in the world of design.*

Aimed at children aged 8 to 10, the workshop introduces them to embroidery, macramé, sewing and knitting. They will learn to handle a needle, weave and create imaginatively, while developing their fine motor skills and creativity. Each project, whether following a model or born of their own inspiration, will teach them patience, rigour and pride in handiwork. Children will discover embroidery, macramé and sewing as they create small, unique objects. They'll learn to play with textures, colours and stitches, while developing their creativity and promoting handmade products. It's a fun way to learn!

**12 PLACES**

GRADE		DAY					PRICE			
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	
									B	



## DUNGEONS & DRAGONS

Mr Jesus Alberto RAMIREZ

*Alberto RAMIREZ is a primary school English teacher. He previously worked in elementary education in Seattle, USA, before moving to Düsseldorf.*

Welcome to our exciting all-English workshop inspired by the iconic board game Dungeons & Dragons! Dive into a fantastic world where students create characters like wizards, warriors, or rogues and embark on epic adventures guided by the Dungeon Master – their teacher.

Through solving puzzles, engaging in epic battles, and exploring mysterious lands, students will boost their creativity, teamwork, and problem-solving abilities. By taking part in this workshop, students will experience enriching adventures while developing essential skills for both personal growth and academic success.

Join us for an experience where imagination knows no bounds!

### The workshop offers numerous benefits:

**Creativity Development** – Pupils are encouraged to invent and build unique characters, exploring various aspects of their imagination.

**Social Skills Reinforcement** – By playing as a team, students learn to collaborate, solve problems together and interact constructively.

**Enhanced Active Listening** – As each player must follow the Dungeon Master’s narrative and their teammates' actions, the workshop promotes active listening and mutual understanding.

**Cognitive Development Boost** – The game requires strategic thinking, quick decision-making, and complex problem-solving, helping sharpen memory and critical thinking skills.

**Public Speaking Confidence** – Every player has the chance to speak and contribute to the unfolding story, strengthening self-confidence and communication skills.

**Teamwork & Cooperation** – Pupils work together to achieve shared goals, reinforcing team spirit and the ability to negotiate and compromise.

**12 PLACES**

GRADE		DAY					PRICE	
CP	CE1 CE2	CM1 CM2	M	T	W	T	F	
								B

**A good level of English required**



## PARLEZ-VOUS DEUTSCH ? (BEGINNERS ONLY)

**Mr Mathias VILLARD**

*Mathias VILLARD is a school teacher with a passion for music. He teaches German at LfiSV.*

The goal is to immerse students in the German language through a variety of media, such as children's books, board games, digital tools, and music.

Through activities like singing and short creative compositions, the workshop aims to develop students' oral comprehension and speaking skills. This approach enables children to make rapid progress and feel comfortable communicating in German in their daily lives.

**14 PLACES**

GRADE		DAY				PRICE				
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	B



## ART IN ENGLISH

**Mme Karouna BUNDHOO**

*Karouna BUNDHOO teaches English at the LfiSV primary school. Before moving to Düsseldorf, she taught children in Russia and the United Kingdom, enriching her teaching approach with a diverse international experience.*

Art creates an enthusiastic and motivating learning environment! It empowers children to express their personalities, helping them learn and strengthen their English skills—often without even realizing it!

Throughout the year, children explore various techniques such as collage, painting, sculpture, and pastels. Projects span one or several lessons and always lead to a final creation. All instructions are given in English.

**14 PLACES**

GRADE		DAY				PRICE				
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	B



## THÉÂTRE

**Mme Natalia MOROZOVA**

*Natalia MOROZOVA is an actress, musician and writer for news magazines. She has been giving workshops at the LfiSV for several years.*

Theatre is a very fun activity that allows children to learn the tools and techniques of performing on stage. The children become familiar with the stage and its traditions, such as rehearsals, role allocation and line play. They gradually learn to perform their lines in front of their peers and improve their expressive skills.

**12 PLACES**

GRADE		DAY				PRICE				
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	B



## ÉTUDE

A supervised study session is offered every afternoon. During this time, pupils complete their homework and have the opportunity to deepen their understanding of topics covered in class, at their own pace.

The small group size allows for personalized support and individual follow-up by the instructor.

Pupils from different grade levels are grouped together to encourage new interactions and additional stimulation beyond the classroom environment.

Once their homework is completed, students can take part in indoor activities, spend time in the library or enjoy outdoor play, depending on the weather.

**12 PLACES**

GRADE		DAY				PRICE				
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	A

GRADE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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## SUMMARY

CP	Bricolage (B)	Parlez-vous Deutsch ? (B)	Échecs (B)	Peinture & Dessin (B)	Peinture & Dessin (B)
	Échecs (B)	Chorale (A)	Art plastique (B)	Piano (D)	Taekwondo (B)
	Art in English (B)	Hip-Hop (A)	Piano (D)	Yoga (A)	Ballet (A)
	Zumba (A)	Football (A)	Étude (A)	Acro'Cirque (A)	Football (A)
	Taekwondo (B)	Étude (A)		Étude (A)	Étude (A)
	Étude (A)				

CE1	Bricolage (B)	Parlez-vous Deutsch ? (B)	Échecs (B)	Peinture & Dessin (B)	Peinture & Dessin (B)
	Échecs (B)	Chorale (A)	Dungeons & Dragons (B)	Piano (D)	Taekwondo (B)
	Art in English (B)	Hip-Hop (A)	Art plastique (B)	Yoga (A)	Ballet (A)
	Zumba (A)	Football (A)	Piano (D)	Acro'Cirque (A)	Football (A)
	Taekwondo (B)	Étude (A)	Étude (A)	Étude (A)	Étude (A)
	Étude (A)				

CE2	Échecs (B)	STEAM (C)	Échecs (B)	Création Couture (B)	Masterclass d'échecs (B)
	De fil en aiguille (B)	Échecs (B)	De fil en aiguille (B)	Peinture & Dessin (B)	Art & recycling (B)
	Art in English (B)	Création Bijoux (B)	Dungeons & Dragons (B)	Piano (D)	Peinture & Dessin (B)
	Guitare (D)	Parlez-vous Deutsch ? (B)	Art in English (B)	Yoga (A)	Théâtre (B)
	Zumba (A)	Chorale (A)	Piano (D)	Acro'Cirque (A)	Piano (D)
	Taekwondo (B)	Guitare (D)	Escrime Débutants (C)	Escrime Avancés (C)	Ballet (A)
	Yoga (A)	Hip-Hop (A)	Football (A)	Hip-Hop (A)	Taekwondo (B)
	Football (A)	Étude (A)	Étude (A)	Football (A)	Étude (A)
	Étude (A)			Étude (A)	

Category	Annual fee
A	320 €
B	370 €
C	440 €
D	650 €

The annual fee indicated corresponds to registration for one fixed day of the week.

CLASSE	LUNDI	MARDI	MERCREDI	JEUDI	VENREDI
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# SUMMARY

<b>CM1</b>	De fil en aiguille (B)	STEAM (C)	De fil en aiguille (B)	Création Couture (B)	Masterclass d'échecs (B)
	Dungeons & Dragons (B)	Échecs (B)	Art in English (B)	Peinture & Dessin (B)	Théâtre (B)
	Guitare (D)	Création Bijoux (B)	Escrime Débutants (C)	Acro'Cirque (A)	Art & recycling (B)
	Zumba (A)	Parlez-vous Deutsch ? (B)	Football (A)	Escrime Avancés (C)	Peinture & Dessin (B)
	Taekwondo (B)	Chorale (A)	Étude (A)	Hip-Hop (A)	Piano (D)
	Football (A)	Guitare (D)		Football (A)	Taekwondo (B)
	Yoga (A)	Étude (A)		Étude (A)	Ballet (A)
	Étude (A)				Étude (A)

<b>CM2</b>	De fil en aiguille (B)	STEAM (C)	De fil en aiguille (B)	Création Couture (B)	Masterclass d'échecs (B)
	Dungeons & Dragons (B)	Échecs (B)	Art in English (B)	Peinture & Dessin (B)	Théâtre (B)
	Guitare (D)	Création Bijoux (B)	Escrime Débutants (C)	Acro'Cirque (A)	Art & recycling (B)
	Zumba (A)	Parlez-vous Deutsch ? (B)	Football (A)	Escrime Avancés (C)	Peinture & Dessin (B)
	Taekwondo (B)	Chorale (A)	Étude (A)	Hip-Hop (A)	Piano (D)
	Football (A)	Guitare (D)		Football (A)	Taekwondo (B)
	Yoga (A)	Étude (A)		Étude (A)	Ballet (A)
	Étude (A)				Étude (A)

Category	Annual fee
A	320 €
B	370 €
C	440 €
D	650 €

The annual fee indicated corresponds to registration for one fixed day of the week.

## Activity Calendar

Activities will take place from Monday, September 2, 2025, to Friday, July 3, 2026.

APS (Afterschool Programs) are organized from 2:30 p.m. to 4:00 p.m.

## Registration and Payment Terms

All registrations must be made through Eduka, in the module dedicated to APS.

Registrations are on an annual basis. However, in specific cases, mid-year registration may be possible (e.g., a student joining the school mid-year or a change in the family's schedule).

Each workshop has a limited number of places. Once the limit is reached, the activity is considered full; a waiting list may be created.

Any other registration requests can be sent by email to [aps-1fdd@lfisv.de](mailto:aps-1fdd@lfisv.de).

There are no prerequisites for registration; children may sign up for as many workshops as they wish (no limit on the number of activities).

We will make every effort to accommodate all families. However, each workshop will only take place if a minimum number of participants is reached, and each activity also has a maximum number of participants.

Invoices will be issued after the workshops have started.

## Registration Fees

Workshops are divided into four categories: A, B, C, and D. The annual fees are as follows:

(The indicated annual fee corresponds to enrollment for one fixed day of the week.)

Category A	Category B	Category C	Category D
320 €	370 €	440 €	650 €



## Cancellation and Refund Policy

In the event of a cancellation for medical reasons (upon presentation of a medical certificate), the refund will be calculated based on the exact number of missed weeks.

## Rules and Regulations

The school's internal rules apply to all afterschool activities. Any violation of these rules may result in exclusion from the activity.

Please note that supervision for primary school students is provided until 4:00 p.m. only. After this time, the child is under the responsibility of the parents or, if applicable, the AWO aftercare service.

## Absences

If your child is exceptionally unable to attend an activity, please inform the coordinator in advance by email ([aps-lfdd@lfisv.de](mailto:aps-lfdd@lfisv.de)). This helps avoid unnecessary concern for the instructors.

In the event of a one-time absence of an instructor, a solution will be provided during the scheduled session time (e.g., a substitute instructor, supervision in the library, participation in another workshop, etc.).

In the case of a prolonged or repeated absence of an instructor, make-up sessions for the missed workshop will be offered.

## Contact

For any questions regarding afterschool activities, please contact the coordinator, Ms. Luminita Gherghe, at: [aps-lfdd@lfisv.de](mailto:aps-lfdd@lfisv.de)

## REMINDER

Please make sure to identify the posters that correspond to the activities your child is enrolled in, and kindly remind them of the day and the poster associated with each activity.

## THE POSTERS



ZUMBA



TAEKWONDO



HIP-HOP



BALLET



GUITARE



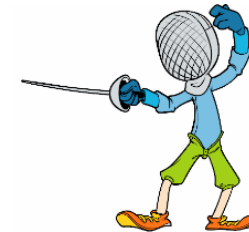
FOOTBALL



ACRO'CIRQUE



YOGA



ESCRIME



PIANO



ÉCHECS



MASTERCLASS  
D'ÉCHECS



CHORALE



DE FIL EN AIGUILLE

## REMINDER

Please make sure to identify the posters that correspond to the activities your child is enrolled in, and kindly remind them of the day and the poster associated with each activity.



**DUNGEONS &  
DRAGONS**



**PARLEZ-VOUS  
DEUTSCH ?**



**STEAM**



**CRÉATION BIJOUX**



**ART & RECYCLING**



**DESSIN & PEINTURE**



**CRÉATION COUTURE**



**THÉÂTRE**



**ART IN ENGLISH**



**BRICOLAGE**



**ART PLASTIQUE**



**ÉTUDE**

## THE POSTERS

