

March

We wish you bon appetit!



WHERE	menu	Monday	Tuesday	Wednesday	Thursday	Friday
March 10, 2025 - March 14, 2025	Menu 1	Cevapcici with potatoes, coleslaw and cream sauce (3, uw, aw, gb, ae, am, bc, bm, au, ay)	Fried chicken breast strips with rice and wok vegetables, served with curry sauce (uw, aw, am, bc, bm)	Pasta Bolognese with salad from the buffet and parmesan (uw, aw, bc)	Chicken gyros with couscous and tzatziki and salad (uw, aw, am, bc, bm)	Fish fingers with mashed potatoes, creamed spinach (uw, aw, af, am, bc)
		Energy per serving: 7609 kJ, 1811 kcal	Energy per serving: 14732 kJ, 3496 kcal	Energy per serving: 1548 kJ, 368 kcal	Energy per serving: 12318 kJ, 2925 kcal	Energy per serving: 5055 kJ, 1206 kcal
March 10, 2025 - March 14, 2025	Menu 2 Veggy	Vegetable meatball with potatoes, coleslaw and cream sauce (3, uw, aw, gb, ae, am, bc, bm, au, ay)	Schupfnudelpfanne with grilled vegetables (uw, aw, ae, bc)	Pasta "Napoli" with parmesan and salad from the buffet. (uw, aw, bc)	Veggy schnitzel with couscous and tzatziki and salad (uw, aw, go, ae, am, bc, bm)	Vegetable Gouda Sticks with mashed potatoes, creamed spinach (uw, aw, go, ae, am, bc)
		Energy per serving: 8417 kJ, 2008 kcal	Energy per serving: 4468 kJ, 1063 kcal	Energy per serving: 1219 kJ, 289 kcal	Energy per serving: 8092 kJ, 1921 kcal	Energy per serving: 20719 kJ, 4967 kcal
17.03.2025 - 21.03.2025	Menu 1	Chicken wings with couscous and mixed vegetables (uw, aw, bc, bm)	Chicken schnitzel with potato gratin, peas and gravy (uw, aw, gb, ae, am, bc, bm, ay)	Pasta and minced meat casserole with salad from the buffet (3, uw, aw, am, bc, au)	Beef hamburger with wedges of potatoes, side salad and ketchup (5, uw, aw, bc, bm, as, ay)	Lentil soup with Bockwurst and croutons (2, 3, 7, uw, aw, bc, bm, au)
		Energy per serving: 10344 kJ, 2467 kcal	Energy per serving: 7993 kJ, 1912 kcal	Energy per serving: 16349 kJ, 3922 kcal	Energy per serving: 2970 kJ, 710 kcal	Energy per serving: 2393 kJ, 572 kcal
17.03.2025 - 21.03.2025	Menu 2 Veggy	Spinach medallion with couscous and mixed vegetables (uw, aw, bc, bm)	Veggy schnitzel with potato gratin, peas and gravy (uw, aw, gb, go, ae, am, bc, bm, ay)	Pasta and vegetable casserole with salad from the buffet (3, uw, aw, bc, au)	Veggy burger with wedge potatoes, side salad and ketchup (5, uw, aw, go, ae, am, bc, as, ay)	Lentil soup with croutons (3, uw, aw, bc, bm, au)
		Energy per serving: 9814 kJ, 2339 kcal	Energy per serving: 8653 kJ, 2073 kcal	Energy per serving: 1115 kJ, 265 kcal	Energy per serving: 2978 kJ, 711 kcal	Energy per serving: 1381 kJ, 328 kcal

Allergens: aw - contains cereals containing gluten*, uw - contains wheat*, nr - contains rye*, gb - contains barley*, go - contains oats*, gs - contains spelt*, gk - contains Khorasan wheat*, ax - contains hybrid strains*, ac - contains crustaceans*, ae - contains eggs*, af - contains fish*, ap - contains peanuts*, ay - contains soybeans*, am - contains milk*, an - contains nuts*, sa - contains almonds*, sh - contains hazelnuts*, sw - contains walnuts*, sc - contains cashew nuts*, sp - contains pecans*, sr - contains Brazil nuts*, st - contains pistachios*, sm - contains macadamia or Queensland nuts*, bc - contains celery*, bm - contains mustard*, as - contains sesame*, au - contains sulphur dioxide and sulphites, nl - contains lupins*, um - contains molluscs*;

Substances and ingredients that must be declared: 1 - with colorant, 2 - contains preservative, 3 - with antioxidant, 5 - with sweetener(s), 6 - contains a source of phenylalanine, 7 - with phosphate, 8 - waxed, 9 - blackened, 12 - can have a laxative effect if consumed in excess, 13 - contains caffeine, 15 - with nitrite curing salt, 25 - with sugar(s) and sweetener(s), 26 - contains liquorice, Z - made from pieces of meat, Y - made from pieces of fish;

Consumer information: S - pork*, R - beef*, F - fish or seafood, G - poultry*, X - other animal species*, V - vegetarian, VN - vegan, 23 - with garlic;

*and products derived therefrom