

ÉCHECS FOOTBALL
 PARLEZ-VOUS
 DEUTSCH ESCRIME
 ART & RECYCLE ÉTUDE
 CHORALE CRÉATION
 ZUMBA BIJOUX
 TAEKWONDO
 PEINTURE PIANO
 GYMNASTIQUE
 THÉÂTRE
 YOGA
 DUNGEONS & DRAGONS

AAPS




— LfiSV —
 LYCÉE FRANÇAIS
 INTERNATIONAL
 SIMONE VEIL



aefe
 Agence pour
 l'enseignement français
 à l'étranger

AFTER-SCHOOL ACTIVITIES



Catalogue 2024-2025



BALLET

Mrs Marina MILLER

Graduated from the Omsk Academy of Choreography, Mrs Miller is a choreographer and dance teacher in several German dance schools, after being a dance teacher and choreographer in Moscow, Russia.

There is so much to love about ballet: the grace, the balance, the suppleness with which the dancers glide across the stage...

It's all about the body and the mind - good posture, strong muscles and supple joints, stamina. In addition, the child's attention, muscle memory and visual memory are improved. Ballet classes help develop willpower and discipline. They help overcome natural shyness and teach children to communicate better. Regular classes teach inner discipline from early childhood - one of the best gifts you can give your child!

Sportswear is required

14 PLACES

CLASSE					JOUR				PRIX	
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	A



HIP-HOP UND MODERNER TANZ

Mrs Marina MILLER

Graduated from the Omsk Academy of Choreography, Mrs Miller is a choreographer and dance teacher in several German dance schools, after being a dance teacher and choreographer in Moscow, Russia.

Hip-hop and modern dance are among the most popular and demanded dance styles for children and teenagers. With hip-hop, children learn to follow the rhythm of popular songs, to react quickly and to adapt.

All this requires stamina and training.

It is also a great opportunity to let off excess energy and have fun at the same time.

Sportswear is required

20 PLACES

CLASSE					JOUR				PRIX	
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	A



FOOTBALL

Mr Marin LILIC

Marin Lilic is a qualified trainer and has been coaching at the LfiSV for several years.

Football is an all-round sport that promotes the physical development of the child by stimulating the respiratory and circulatory systems. It requires a great deal of teamwork and provides an excellent cardio workout. It enhances the strength and the gross motor coordination.

Football is an excellent opportunity for children to learn the spirit of competition as well as good sportsmanship.

They learn empathy and understanding of one another's feelings when it comes to winning and losing.

Sportswear is required

16 PLACES

CLASSE					JOUR				PRIX	
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	A



ÉCHECS

Mr Aljoscha BAßENHOFF

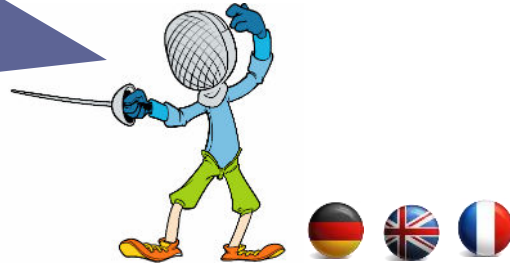
Having initially concentrated on online chess, where he is among the top 10% of players in the world, Mr. Baßenhoff plays chess with great passion in chess clubs and tournaments.

Checkmate: an absolute and final end - the game is over. Players can either learn the basics of the game or choose to improve their existing knowledge. The game of chess is rich in pedagogical values that are particularly useful for pupils in their learning phase. Chess is an exciting workshop, with many advantages in terms of memorization and concentration. These results are to be added to the very positive emotional sports qualities such as the spirit of competition and success, self-esteem, respect for the opponent, acceptance of defeat and the relativity of success.

14 PLACES

CLASSE					JOUR				PRIX	
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	B

BEGINNERS



ESCRIME

M Gabor PAPP

Gabor Papp is a certified fencing master. He has been working at the LfiSV for several years.

Pupils learn to develop their agility, concentration and reflexes through adapted and playful motricity exercises.. Prior to learning the techniques of fencing, the children are given introductory safety briefings and explanations. They are taught the rules of the sport.

The beginners group will be introduced to epee fencing techniques, the basics of fencing - footwork (attack and defence), how to deliver a thrust (wall target drill) and much more. Students will experience 'real combat' with electric scoring equipment, and all will compete in friendly matches against other international schools.

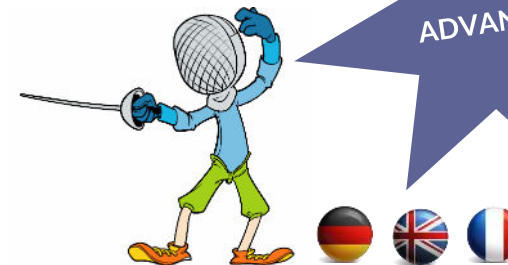
Equipment is provided by the instructor.

Sportswear is required

12 PLACES

CLASSE		JOUR				PRIX				
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	C

ADVANCED



ESCRIME

M Gabor PAPP

Gabor Papp is a certified fencing master. He has been working at the LfiSV for several years.

Pupils learn to develop their agility, concentration and reflexes through adapted and playful motricity exercises..

Footwork, epee skills and technical aspects are taught at a higher level. As they progress, they test the skills they have learned against each other.

The advanced group will consolidate all the techniques learnt, learn or consolidate fencing and refereeing skills, and experience 'real combat' with electric scoring equipment. All students will have the opportunity to compete in friendly matches against other international schools.

All equipment is provided by the instructor.

Sportswear is required

12 PLACES

CLASSE		JOUR				PRIX				
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	C



CHORALE

Mme Irina MOOR

Irina Moor graduated from the Almaty Academy of Music as an orchestra and violin ensemble professor.

Singing in a choir means finding your place in a group, it's both an individual and a collective experience that doesn't give way to competition but rather to cooperation and listening to others. It helps pupils to develop their ability to express themselves, their self-esteem and their self-confidence, all in a fun, happy atmosphere.

Through choral singing, pupils work on their voice, breathing and posture. They learn about rhythm, melody, interpretation and musical thinking, and practise memorisation, movement and lyrics. Students will work on songs in French and German. This enables them to improve their syntax, comprehension, vocabulary and diction in both languages.

25 PLACES

CLASSE		JOUR				PRIX
CP	CE1 CE2 CM1 CM2	M	T	W	T	F
						A



PIANO

Mrs Irina MOOR

Irina Moor graduated from the Almaty Academy of Music as an orchestra and violin ensemble professor.

The piano is a good way to express oneself, it helps to reduce stress during busy days, to relax and to free up problems. Moreover, playing the piano gives the child self-confidence and pleasure.

Playing the piano is exciting, but not so easy! It stimulates thinking and creativity, improves hand-eye coordination. It also helps with concentration and discipline.

Pupils will learn musical notes and values, work on their posture and hand position and study different pieces of music, organised by age and skill level.

6 PLACES

CLASSE		JOUR				PRIX
CP	CE1 CE2 CM1 CM2	M	T	W	T	F
						D



GUITARE

M Clément CHARDON

Music teacher at secondary level, Clément Chardon is an experienced multi-instrumentalist and composer, specialising in the guitar, which he has been playing for 20 years.

The guitar is one of the easiest musical instruments to play, making it ideal for beginners. Easy to learn and requiring no prior theoretical knowledge, the guitar combines versatility with ease of use. Students learn the basics of the guitar, such as playing individual notes, finger placement and string strumming. Through the simple songs in the programme, students will also be able to develop their skills in rhythm, coordination, dexterity, auditory memory and creativity. Throughout the year, they will explore other instruments such as the bass, drums and synthesiser.

6 PLACES

CLASSE		JOUR				PRIX
CP	CE1 CE2 CM1 CM2	M	T	W	T	F
						D



ART & RECYCLING

Mme Saloua REJEB

Saloua REJEB is a craftswoman and interior designer, graduated from the School of Art and Decoration of Tunis. She has giving workshops at the LfiSV for several years

Art & recycling is more than an attempt to exercise creativity with recycled materials, it's about transforming these objects into truly unique and eye-catching creations, using what's at hand to bring inspiration to life. In this workshop we encourage pupils to care for the environment, to promote recycling and to raise awareness of waste and its infinite potential for transformation. Our principles are 0% pollution and 100% reuse, combined with 100% creativity.

12 PLACES

CLASSE	JOUR	PRIX
CP CE1 CE2 CM1 CM2 M T W T F		B



ART PLASTIQUE

Mrs Saloua REJEB

Saloua REJEB is a craftswoman and interior designer, graduated from the School of Art and Decoration of Tunis. She has giving workshops at the LfiSV for several years.

Throughout the year, this activity offers a variety of artistic opportunities. Children learn to work independently over the time. Small sculptures are created with different materials: animals, robots, anything the children can think of. Houses/gardens are built from paper/residual waste. Pupils experiment with different types of painting, such as drawing and painting their own bodies on the floor. Once the creation is finished, the children can take it home.

12 PLACES

CLASSE	JOUR	PRIX
CP CE1 CE2 CM1 CM2 M T W T F		B



CRÉATION BIJOUX

Mrs Saloua REJEB

Saloua REJEB is a craftswoman and interior designer, graduated from the School of Art and Decoration of Tunis. She has giving workshops at the LfiSV for several years.

A creative workshop that will sure keep little children's hands busy. They will be accompanied step by step in the discovery of jewelry techniques (exploration of the materials used in the composition of jewelry, tools and assembly techniques). The manual assembly of fine pieces stimulates the children's motor skills. From reproducing a model to gradually acquiring a skill while stimulating their imagination, children will have a super time and the opportunity to express all their creativity. Once the creation is finished, the pupils can take it home.

12 PLACES

CLASSE	JOUR	PRIX
CP CE1 CE2 CM1 CM2 M T W T F		A



PEINTURE & DESSIN

Mrs Maud DEFLANDRE

Educated since 2007 in the field of creative arts, Mrs Deflandre is a textile designer. She leads with great enthusiasm several art workshops for children.

In this activity, pupils will learn the different drawing techniques, from sketching to painting, drawing and watercolor, telling a story through the different characters they draw while having fun. They will discover the basics of perspective drawing, composition, proportions, shades of grey, color, light and much more.

14 PLACES

CLASSE	JOUR	PRIX
CP CE1 CE2 CM1 CM2 M T W T F		B



DUNGEONS & DRAGONS

Mr Jesus Alberto RAMIREZ



Alberto Ramirez is a primary school English teacher. He worked as a primary school English teacher in Seattle, USA, before moving to Düsseldorf.

Welcome to our new all-English workshop, inspired by the iconic table game Dungeons and Dragons! Immerse yourself in a fantasy world where pupils create characters such as wizards, warriors and thieves and set off on adventures under the guidance of the Dungeon Master (the teacher). By solving puzzles, taking part in epic battles and exploring mysterious lands, they will develop their creativity, team spirit and ability to solve complex problems.

Through this workshop, students will experience rewarding adventures while developing essential skills for personal and academic growth.

Join us for an experience where imagination knows no bounds!

The workshop offers many benefits:

Imagination boost - Pupils are encouraged to create and develop unique characters, exploring different facets of their creativity.

Social skills reinforcement - By playing in teams, they learn to collaborate, solve problems together and interact constructively.

Active listening - As each player has to listen carefully to the Dungeon Master's narration and the actions of the other players, this encourages active listening and mutual understanding.

Cognitive development - The game requires strategies, quick decisions and problem solving, all of which contribute to the development of cognitive skills such as memory and critical thinking.

Speaking out - Each player has the opportunity to express themselves and contribute to the story, building their self-confidence and communication skills.

Cooperation - Pupils learn to work together to achieve common goals, which strengthens their team spirit and their ability to negotiate compromises.

12 PLACES

CLASSE		JOUR					PRIX
CP	CE1 CE2 CM1 CM2 M T W T F						
							B

Good level of English required



STEAM Introduction to Programming and Creative Thinking



Mr Matthias BÜCHNER (CP - CE1)

Matthias BÜCHNER has been passionate about IT since the age of 7 and has 18 years' professional experience. Matthias is the co-founder of Li10, a start-up that helps companies reduce the environmental impact of their IT applications.

Mme Maria ABI CHEBLI (CE2 - CM2)

Maria ABI CHEBLI is a STEAM trainer and program designer with several years experience in French and international schools abroad. Her rich and varied professional career bears witness to her commitment to providing quality education and preparing the younger generation for the challenges of the modern world.

Intended for pupils aged 7 to 12, this after school STEAM workshop offers an exciting introduction to programming. Children will learn the basics of coding while developing their creativity and critical thinking skills. Through fun and interactive activities, they will explore the fundamental concepts of computing, while creating their own digital projects. This workshop prepares students for tomorrow's technological challenges, while stimulating their imagination and problem-solving skills.

Benefits:

Creativity building - By learning the basics of coding, children can create their own digital projects, games and applications. This stimulates their imagination and encourages their creativity.

Critical thinking skills - Through interactive activities, pupils explore the fundamental concepts of computing and develop their ability to solve problems in a logical and structured way.

Fun and educational learning - Using interactive educational tools such as SCRATCH, children learn in a fun way while acquiring essential programming skills such as loops and conditions.

10 PLACES

CLASSE		JOUR				PRIX				
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	C

16 PLACES

CLASSE		JOUR				PRIX				
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	C



PARLEZ-VOUS DEUTSCH ? (BEGINNERS)

MR Mathias VILLARD

Mathias Villard is a primary school teacher with a passion for music. He has been teaching German at LfiSV for 2 years.

The workshop aims to immerse pupils in the German language through a variety of media, including children's books, board games, digital tools and music.

Using activities such as singing and short compositions, participants are encouraged to develop their oral comprehension and production skills. This approach enables children to make rapid progress and feel comfortable communicating in German in their everyday lives.

The workshop offers many benefits:

Fun learning - Varied activities such as board games and songs make learning German fun and exciting.

Communication skills - The emphasis is on oral practice to help students feel at ease and master the language in everyday situations.

Culture and Expression - Through children's books and songs, students explore German-speaking culture and develop their creative expression skills..

12 PLACES

CLASSE					JOUR				PRIX	
CP	CE1	CE2	CM1	CM2	M	T	W	T	F	B
■		■				■			■	



ART IN ENGLISH

Mrs Sarah LERNOUT

Sarah Lernout teaches English at LfiSV. She is a qualified and experienced art teacher in the UK secondary education system.

Art creates an enthusiastic and motivating learning environment. It empowers children to express their personalities, helping them to learn and strengthen their English skills without even realising it! Throughout the year, pupils learn to use different media such as collage, painting, sculpture and pastel. The projects are carried out over one or more lessons with a final result. All instructions are given in English.

13 PLACES

CLASSE					JOUR				PRIX
CP	CE1	CE2	CM1	CM2	M	T	W	T	F
									B



1, 2, 3, HISTOIRE !

Mme Elodie BALLAND

Passionate about history all her life, Ms Balland has been organizing workshops with children for the last 3 years as part of an association. She is an ICN graduate with additional training in European history (Training in European Cultures) and a semester of study in European history at the University of Saarland (Germany).

This activity enables pupils to expand their knowledge of history (mainly French and European history) in as fun a way as possible. The primary school history syllabus focuses on the discovery of the different major periods in history, so the various materials provided will always refer to the timeline as much as possible. The pupils will enjoy playing individual or group games such as Timeline, Tempo chrono, qui est qui, Trivial Poursuit (history), the Mille bornes de l'Histoire de France, Vauban, etc.

14 PLACES

CLASSE					JOUR				PRIX
CP	CE1	CE2	CM1	CM2	M	T	W	T	F
									A



ÉTUDE

Guided homework is available every afternoon. Pupils do their homework and can deepen any notion studied in class if they wish. The small size of the groups allows for individual monitoring and support of the pupils by the teacher.

Pupils are grouped together by grade level to allow fresh exchanges and additional stimulation to that received in class.

Once homework has been completed, they are invited to take part at different activities in the classroom, school library or on the playground, depending on the weather.

12 PLACES

CLASSE					JOUR				PRIX
CP	CE1	CE2	CM1	CM2	M	T	W	T	F
									A

SUMMARY

GRADE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CP	Bricolage (B)	Parlez-vous Deutsch ? (B)	Échecs (B)	Dessin & Peinture (B)	STEAM (C)
	Échecs (B)	Art in English (B)	Art plastique (B)	Piano (D)	Dessin & Peinture (B)
	Zumba (A)	Chorale (A)	Piano (D)	Yoga (A)	Taekwondo (B)
	Taekwondo (B)	Hip-Hop (A)	Étude (A)	Gymnastique acrobatique (A)	Ballet (A)
	Yoga (A)	Football (A)		Étude (A)	Football (A)
	Étude (A)	Gymnastique acrobatique (A)			Étude (A)
		Étude (A)			
CE1	Bricolage (B)	Parlez-vous Deutsch ? (B)	Dungeons & Dragons (B)	Dessin & Peinture (B)	STEAM (C)
	Échecs (B)	Art in English (B)	Échecs (B)	Piano (D)	Dessin & Peinture (B)
	Zumba (A)	Chorale (A)	Art plastique (B)	Yoga (A)	Taekwondo (B)
	Taekwondo (B)	Hip-Hop (A)	Piano (D)	Gymnastique acrobatique (A)	Ballet (A)
	Yoga (A)	Football (A)	Étude (A)	Étude (A)	Football (A)
	Étude (A)	Gymnastique acrobatique (A)			Étude (A)
		Étude (A)			
CE2	Échecs (B)	STEAM (C)	Dungeons & Dragons (B)	Création Couture (A)	Art & recycling (B)
	Guitare (D)	Échecs (B)	1,2,3 Histoire (A)	Parlez-vous Deutsch ? (B)	Théâtre (B)
	Football (A)	Création Bijoux (A)	Échecs (B)	Dessin & Peinture (B)	Dessin & Peinture (B)
	Zumba (A)	Parlez-vous Deutsch ? (B)	Art in English (B)	Piano (D)	Piano (D)
	Taekwondo (B)	Art in English (B)	Piano (D)	Yoga (A)	Taekwondo (B)
	Yoga (A)	Guitare (D)	Escrime Débutants (C)	Gymnastique acrobatique (A)	Ballet (A)
	Étude (A)	Chorale (A)	Football (A)	Escrime Avancés (C)	Étude (A)
		Hip-Hop (A)	Étude (A)	Hip-Hop (A)	
		Gymnastique acrobatique (A)		Football (A)	
		Étude (A)		Étude (A)	

Category	Price
A	290 €
B	340 €
C	440 €
D	650 €

Fees per session for
the school year

GRADE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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SUMMARY

CM1	Dungeons & Dragons (B)	STEAM (C)	1,2,3 Histoire (A)	Création Couture (A)	Art & recycling (B)
	Guitare (D)	Échecs (B)	Échecs (B)	Parlez-vous Deutsch ? (B)	Théâtre (B)
	Football (A)	Création Bijoux (A)	Art in English (B)	Dessin & Peinture (B)	Dessin & Peinture (B)
	Zumba (A)	Guitare (D)	Escrime Débutants (C)	Yoga (A)	Piano (D)
	Taekwondo (B)	Chorale (A)	Football (A)	Gymnastique acrobatique (A)	Taekwondo (B)
	Yoga (A)	Gymnastique acrobatique (A)	Étude (A)	Escrime Avancés (C)	Ballet (A)
	Étude (A)	Étude (A)		Hip-Hop (A)	Étude (A)
				Football (A)	
			Étude (A)		

CM2	Dungeons & Dragons (B)	STEAM (C)	1,2,3 Histoire (A)	Création Couture (A)	Art & recycling (B)
	Guitare (D)	Échecs (B)	Échecs (B)	Parlez-vous Deutsch ? (B)	Théâtre (B)
	Football (A)	Création Bijoux (A)	Art in English (B)	Dessin & Peinture (B)	Dessin & Peinture (B)
	Zumba (A)	Guitare (D)	Escrime Débutants (C)	Yoga (A)	Piano (D)
	Taekwondo (B)	Chorale (A)	Football (A)	Gymnastique acrobatique (A)	Taekwondo (B)
	Yoga (A)	Gymnastique acrobatique (A)	Étude (A)	Escrime Avancés (C)	Ballet (A)
	Étude (A)	Étude (A)		Hip-Hop (A)	Étude (A)
				Football (A)	
			Étude (A)		

Category	Price
A	290 €
B	340 €
C	440 €
D	650 €

Fees per session for the school year

Timetable

Activities are held from Tuesday, 03 September 2024 to Friday, 02 July 2025, from 2.30pm to 4pm.

Registration and payment

All registrations will be done via **eduka** in the dedicated APS module.

Registration is on an annual basis. However, in special cases, enrolment may be made during the year (e.g. arrival at the school during the year, change in the family's timetable). Each workshop has a quota of places. Once the quota is reached, the activity is considered complete.

Each workshop has a quota of places. When this quota is reached, the activity is considered full; a waiting list may be drawn up. All other registration requests can be made by email to aps-lfdd@lfisv.de

There are no pre-requisites for registration. Pupils can register for as many workshops as they wish (no limit in the number of workshops).

The utmost effort will be made to accommodate all families. Nevertheless, a workshop can only be held if a minimum number of participants is reached.

Invoices are issued after the beginning of the workshops.

Registration fees

Workshops are grouped into four categories, A, B C and D. The annual fees are as follows (fees per session for the school year) :

Category A	Category B	Category C	Category D
290 €	340 €	440 €	650 €

Cancellation and reimbursement

In the event of cancellation for medical reasons (on production of a medical certificate), the refund will be based on the exact number of weeks cancelled.

Internal regulations

The school's internal rules apply to extracurricular activities. Any infringement of the school rules may lead to exclusion from the extracurricular activity. Please note that supervision of your children in primary school is provided until 4pm, but not beyond. From 4pm onwards, the pupil is under the responsibility of his/her parents or, if applicable, under the responsibility of the AWO after-school care service

Absences

In case your pupil is exceptionally unable to participate in an activity, kindly notify the coordinator beforehand by e-mail at aps-lfdd@lfisv.de to avoid unnecessary concerns for the coordinator. In the event of a teacher's absence, an alternative solution will be proposed during the session: replacement of the teacher, taking your children to the library, participation in another workshop, etc.

In the event of prolonged or repeated absence of a teacher, make-up sessions for the workshop concerned will be offered.

Contact

Mrs Luminita Gherghe is the APS coordinator.

For information on after-school activities, you can contact her at the following email address: aps-lfdd@lfisv.de

REMINDER

Please identify the posters that represent the activities you have registered your children for and remind them when they have an activity (the day and the poster).

POSTERS



ZUMBA



TAEKWONDO



HIP-HOP



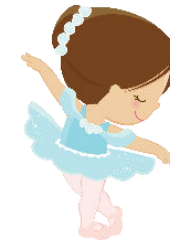
FOOTBALL



GYMNASTIQUE



YOGA



BALLET



GUITARE



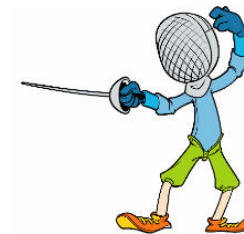
1,2,3, HISTOIRE



ÉCHECS



CHORALE



ESCRIME



PIANO

REMINDER

Please identify the posters that represent the activities you have registered your children for and remind them when they have an activity (the day and the poster).

POSTERS



**DUNGEONS &
DRAGONS**



**PARLEZ-VOUS
DEUTSCH ?**



STEAM



CRÉATION BIJOUX



ART & RECYCLING



DESSIN & PEINTURE



CRÉATION COUTURE



THÉÂTRE



ART IN ENGLISH



BRICOLAGE



ART PLASTIQUE



ÉTUDE